

Where: Artist Retreat Center

13467 Lookout Dr.

Bella Vista, AR 72715

How to Sign Up?

Contact Kaylin:

[kaylinskeystohealth@gmail.com](mailto:kaylinskeystohealth@gmail.com)

(539)777-1670  
keystohealth.weebly.com

Enticinghealthyeating.weebly.com

Facebook.com/kaylinskeystohealth

July 26 @ 10:00am $15 per person

July 29 @ 2:00pm (approx.. 1 hr.)

* Learn more about what it means to be holistically healthy
* Nutrition trivia with prizes
* Smoothie recipe demonstrations with free samples
* Find out how I can help you reach your health goals with my programs and other services

**So…what is a holistic health coach? Come find out and have some fun at my first holistic health and nutrition workshops!**

Kaylin’s Keys to Health:  
Unlocking your True Potential

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